

The Lake Report

An Update from the Lake Winona Improvement Association

Summer 2008

Updated Guide and New LWIA Website Keep Owners Informed

In August 2007 the LWIA launched a website, www.lakewinonanh.org, for owners and guests of the lake. The website was developed by new LWIA secretary, Nora Foster. She volunteered to design and populate the site with information contained in the "Owner's Guide to Preserving and Protecting Lake Winona," which was updated and distributed in August.

The guide and new website contain:

- Lake protection information
- Shoreland Protection Act details
- Boating rules and regulations
- Lake Winona water safety code
- Lake infestation prevention details
- Contact information for relevant state agencies

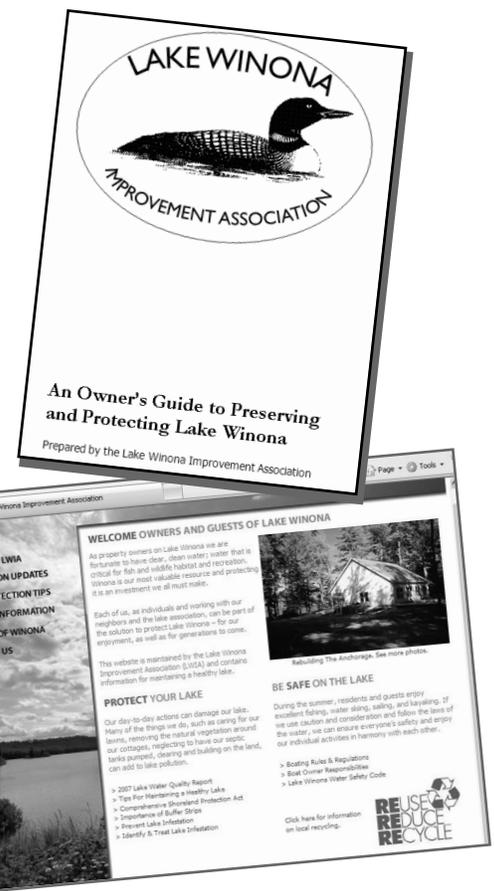
The website provides additional information on:

- Lake Host™ program

- Lake Water Quality details with links to DES reports
 - LWIA updates & current activities
- This spring important information on recycling for New Hampton and Center Harbor residents was added to the website. Interesting stories about the history of Winona, collected and prepared by our own Karl West, and photos on the progress of the new Anchorage Lodge, which was completed this spring, were also added.

We hope you visit the site, and let us know what information you would like to see added.

If you did not receive an Owner's Guide or would like additional copies, please contact Nora Foster at 617-821-0513 or nora@lakewinonanh.org.



Changes to Shoreland Protection Act Go Into Effect July 1, 2008

RSA 483-B, the Comprehensive Shoreland Protection Act (CSPA) was originally enacted in 1991 and established standards for the subdivision, use and development of the shorelands of NH's public waters. The standards of the CSPA are designed to ensure that development within the protected shoreland occurs in a manner that protects water quality. Among other things, the standards establish:

- Setbacks for septic systems
- A 50' primary building setback
- A 150' natural woodland buffer
- Stormwater and erosion control requirements
- Density requirements for new lots
- Restrictions on the use of fertilizer
- Restrictions on salt storage yards, junk yards and solid waste facilities
- Urbanized shoreland exemption

story continued inside...

Join Us
Saturday, July 19
10:00 am

Lake Winona Improvement
Association meeting
900 Winona Road
(Jeanne Chute's home)
Please bring a lawn chair.

About the LWIA

The Lake Winona Improvement Association (LWIA) was founded in 1947 by a group of families on the West Shore Road. Over the past six decades, the LWIA has developed into a lake-wide membership devoted to:

- preserving the water quality and the land's natural beauty;
- promoting the safe, courteous and sensible use of the water;
- encouraging friendly relations among members through social activities

Water quality analysis has been a top priority for the LWIA. This testing shows whether the lake's water quality has deteriorated, improved or remained the same, and helps identify the location of specific problems so corrective action can be initiated.

In addition, the LWIA has accomplished several major projects, including the purchase of the 53-acre York Conservation Area to be preserved and protected for future generation, and the banning of ski crafts (jet skis) on Lake Winona. In 2005, the association pooled contributions to purchase a 20-acre conservation parcel known as Fogg Hill, situated along the southeast end of the lake overlooking both Winona and the Snake River.

On-going programs include beaver population controls and removal of dams to maintain the normal lake level, participation in the New Hampshire Lakes Association, annual support of the Loon Preservation Committee, and periodic distribution of informational and educational publications regarding lake issues.

We need to continue to build and maintain a strong and active lake association, and we invite you to join us. It's a small investment to make to ensure a healthy lake.

Annual membership is \$15. Members meet twice during the summer: using mid-July and mid-August.

Lake Water Quality Back on Track

On July 27, 2007, lake water samples showed an elevated bacteria level at the North Inlet sampling station.

Having received permission from both owners along the brook at the North Inlet, a NH state-licensed trapper was brought in to evaluate the situation. He found evidence of current beaver activity and began trapping. On August 25, sticks and mud were cleared from the area, which allowed the brook to begin flowing again.

On July 29 another water sample was taken. The results came back on August 30 and showed the bacteria level was substantially reduced, but still above levels elsewhere around the lake.

Additional water samples were collected in the fall and confirmed bacteria levels at the North Inlet had subsided. Tests around the North Cove (near the Maddix and Sanford camps) were well within health guidelines.

Also in September, significant

beaver activity near the old beaver dam site about mid-way down the Snake River was found. This was believed to be the reason for the lake's highly elevated water level. With shore owner permission, beavers were removed and the existing dam was breached in a couple of key locations.

Within four days measurements at the outlet next to the boat launch showed the lake level was down 8". Although water levels continued to go up and down with rainfall and snowmelt, it appears the dam down the river is still open. We'll continue to be diligent going forward to check the dam periodically to make sure it remains open.

This year's water sampling will take place in late July, early August. We're looking for two or three volunteers and a boat to conduct the water sampling. If you're interested in volunteering, please contact Lee Gardinier at 279-2504 or lgardinier@metrocast.net.

Lake Host Program Essential to Maintaining a Healthy Lake

The Lake Host™ Program is a courtesy boat inspection program implemented by NH LAKES in cooperation with local participating groups to prevent the introduction and spread of exotic aquatic plants, like variable milfoil, from lake to lake. Exotic aquatic plant infestations in lakes and ponds are undesirable because they make recreation in and on the water dangerous and unpleasant, disrupt the ecological balance of these water bodies, reduce shoreline property values, and are difficult and expensive to control.

During Summer 2007, paid and volunteer Lake Hosts conducted more than 44,000 courtesy boat inspections and made a record-breaking 157 "saves" of exotic aquatic plant fragments that were about to enter or had

just left a lake.

Lake Hosts are responsible for (1) greeting every visitor in the process of launching a vessel or removing one from the water, (2) educating that person about what he/she can do to prevent the spread of milfoil and other invasive plant species, (3) completing a brief Boater Survey, (4) conducting a courtesy boat and trailer inspection (if invited to do so by the boat owner), (5) removing all vegetation found and disposing of it in the prescribed manner.

Lake Host are often identified by their "uniform"— Lake Host shirt, cap or visor, name badge and a big smile.

If you are interested in becoming a Lake Host for Lake Winona, please contact Lee Gardinier at 279-2504 or lgardinier@metrocast.net.

Reduce, Reuse & Recycle: Help Make a Difference

By reducing, reusing and recycling every resident and guest on Lake Winona can make a positive impact on the environment and help protect public health and safety at the same time.

Step 1: Reduce the use of non-recyclable materials. Eliminate the use of Ziploc bags, plastic utensils, disposable containers, paper napkins and paper and plastic cups and plates. Instead, use a reusable glass, plate, cloth napkins and silverware. Doing so you eliminate as much as 45 pounds of waste a year!

Step 2: Recycle what you can. If everyone in America simply separated the paper, plastic, glass and aluminum products from the trash and tossed them into a recycling bin, we could decrease the amount of waste sent to landfills by 75 percent.

New Hampton tax payers can bring their paper, metal, glass, cardboard, and #1 and #2 plastic bottles and containers to the Transfer Station on Rt.

Shoreland Protection

(continued from front)

Effective July 1, 2008, new standards that enhance the existing CSPA focus on five major areas:

- Impervious surface allowances and controlling storm water runoff
- The creation of and quantifying vegetation in a waterfront buffer
- Stabilizing and restoring shorelines within the natural woodland buffer
- A state shoreland permit is required for many excavation, construction and filling activities within the protected shoreland
- Landscaping for wildlife

As shorefront property owners and stewards of Lake Winona's water quality, we need to be familiar with the latest regulations covering shoreland property. We will discuss the new provisions at the July 19th association meeting. For full program information, visit the DES website at <http://www.des.nh.gov/cspa>.

132/104 (just past the post office). Visit the Selectman's Office at 6 Pinnacle Hill Road for a Transfer Station permit.

New Hampton

Transfer Station Hours

Monday - 10 am - 4 pm

Wednesday 10 am - 4 pm

Saturday 8 am - 4 pm

Phone: 744-8025

Center Harbor tax payers can bring their paper, metal, glass, and plastic bottles and containers, cardboard, construction/demo materials, batteries, household appliances, leaves/yard waste, tires, waste oil, water-based paint to the Solid Waste Facility, 11 Jenness Hill Road.

Meredith Solid Waste

Facility Hours

8:00 a.m. - 3:00 p.m. daily

closed Wednesdays and holidays

Center Harbor property owners may obtain their decals and coupons at the Center Harbor Town Office, 36 Main Street, Center Harbor. Permits are valid

for two years and may also be obtained through the mail: send a check for \$10.00 with a copy of your vehicle registration, proof of property ownership, along with a pre-addressed stamped envelope.

Booklets of ten coupons are also available for \$10.00 and are valid for two years. Each coupon entitles one vehicle to use the facility once (often used for rental properties).

Step 3: Buy products with minimal to no packaging. If just one out of 10 products you bought had little or no packaging, it would eliminate more than 50 pounds of waste per household per year. If every household did this, 5.5 billion fewer pounds of waste would enter landfills.

You can make a difference. The good news is that we're not alone anymore. Every day another business goes green and makes it a little easier for us to be more efficient and effective.

Lake Owner Contact List

This winter was especially tough on many homes around the lake. Having accurate contact information for owners ensures that when problems arise, neighbors and year-round residents can notify you.

Name: _____

Lake Address: _____

Mailing Address: _____

Phone Numbers(s): _____

Email: _____

Invest In Your Lake

Your LWIA membership is a small investment to make to ensure a healthy lake. Join (renew) today!

ENCLOSED (please circle) \$15 LWIA DUES

\$115 LWIA + WEST SHORE ROAD DUES

Make Checks Payable to: **LWIA**

Mail to: LWIA, 31 Anchorage Road, New Hampton, NH 03256

Volunteers, Donations and Fundraising Help Rebuild Anchorage Lodge; More Work to be Completed

The restoration of the Anchorage Lodge, which was destroyed by fire when lightning struck in June 2004, is moving ahead nicely. Initiatives to rebuild in July 2007 suffered setbacks when the primary contractor defaulted on his contract resulting in the loss of a good part of the insurance proceeds. Now, with various fundraising initiatives, member donations and plenty of volunteer hours, the Anchorage is coming back!

This building is about half of the original footprint, but a phased restoration turned out to be the best way to get the Anchorage back on line as soon as possible. As work on the inside is completed, members hope to see the Anchorage in use later this summer.

To learn more or to contribute to the restoration, contact Lori or Mark McIntosh at NascarMacL@aol.com.



Photo provided by Lee Gardinier

Bob Parsons gives a wave from the new Anchorage Lodge

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New Hampton, NH 03256

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